ALLERGY TEST

38 Allergies

Our standard allergy test is a fast and cost-effective way of screening for 38 of the most common allergies including foods and inhalants.

Using ELISA testing for raised IgE antibodies, this test offers accurate lab results to enable clients to adjust their diet or lifestyle to reduce or avoid triggers.



Items tested:

Almond Hazelnut (Food)
Apple Horse Dander
Ash House Dust Mites

Bahia Grass Meat **Bermuda Grass** Milk Birch Mugwort Caldosporium Herbarum Olive Carrot Orange Cat Dander Peach CCD **Peanut** Cockroach **Potato** Cod Rice Common Ragweed Rye Crab Salmon Cypress Shrimp Dog Dander Soy

Egg White Timothy Grass

English Plantain Tomato Hazelnut (Pollen) Wheat

Inlouded in the kit:

1x Alcohol wipe

1x Band-aid

1x Absorbent pad

1x Five Spot Blood Card

2x Lancets CE 0344 (pin-prick system)

1x Return envelope



INTOLERANCE TEST

63 Food Intolerances

Our standard intolerance test is a fast and costeffective way of screening for 63 of the most common food intolerances.

Using ELISA testing for raised IgG4 antibodies, this test offers accurate lab results to enable clients to adjust their diet to avoid possible trigger foods.



Items tested:

Almond Egg White Peanut Walnut
Amaranth Egg Yolk Pineapple Wheat
Apple Garlic Pollock Zucchini
Banana Ginger Pork

Potato

Bean, Green **Goats Milk Pumpkin Seed** Beef Hazelnut Quinoa **Blue Mussel** Herring Rice Buckwheat Kiwi Fruit Rye **Button Mushroom** Lemon Salmon Cabbage Maize Sheep's Milk Milk Cacao **Shrimp**

Gluten

Carrot Millet Soy
Celery Mustard Strawberry
Chicken Oat Sunflower Seed
Cod Olive, Green Sweet Basil
Coffee Onion Tomato

CoffeeOnionTomatoCucumberOrangeTroutDuckOysterTunaDurum WheatPea, GreenTurkey

Inlouded in the kit:

Barley

1x Alcohol wipe

1x Band-aid

1x Absorbent pad

1x Five Spot Blood Card

2x Lancets CE 0344 (pin-prick system)

1x Return envelope



ALLERGY & INTOLERANCE

78 Allergies & Intolerances

Our combined allergy and intolerance test is a fast and cost-effective way of screening 78 triggers of the most common allergies and food intolerances.

Using ELISA testing for raised IgE and IgG4 antibodies, this test offers accurate lab results covering both allergies and intolerances.



Walnut

Wheat

Items tested:

Allergens

Almond Hazelnut (Food) **Horse Dander** Apple Ash **House Dust Mites Bahia Grass** Meat **Bermuda Grass** Milk Birch Mugwort Caldosporium Herbarum Olive Carrot Orange Cat Dander Peach CCD Peanut Cockroach Potato Cod Rice Common Ragweed Rye Crab Salmon Cypress **Shrimp** Dog Dander Sov **Egg White Timothy Grass English Plantain** Tomato Hazelnut (Pollen) Wheat

Intolerances

Almond Herring Amaranth Kiwi Fruit Apple Maize Banana Milk Bean. Green Mustard Beef Oat Blue Mussel Onion Buckwheat Orange Cabbage Pea, Green Carrot **Peanut** Celerv **Pork** Chicken **Potato** Cod Rice Cucumber Rye Egg White Salmon Egg Yolk Sheep's Milk Garlic Shrimp Goats Milk Soy Hazelnut **Tomato**

Inlouded in the kit:

1x Alcohol wipe

1x Band-aid

1x Absorbent pad

1x Five Spot Blood Card

2x Lancets CE 0344 (pin-prick system)

1x Return envelope



ALLERGY & INTOLERANCE PLUS

117 Allergies & Intolerances

Our combined allergy and intolerance plus is our most accurate and comprehensive screen of 117 common triggers of allergies and food intolerances.

By testing this wide list of items, and both IgE and IgG4 antibodies, we give a more comprehensive picture of possible causes of symptoms aiding more effective elimination or further investigation.



Items tested:

Allergens

Almond Hazelnut (Food) **Horse Dander** Apple Ash **House Dust Mites Bahia Grass** Meat **Bermuda Grass** Milk Birch Mugwort Caldosporium Herbarum Olive Carrot Orange Cat Dander Peach CCD Peanut Cockroach **Potato** Cod Rice Common Ragweed Rye Crab Salmon Cypress **Shrimp** Dog Dander Sov **Egg White Timothy Grass English Plantain** Tomato Hazelnut (Pollen) Wheat

Intolerances

Egg White

Egg Yolk

Almond Garlic Pollock Amaranth **Ginger** Pork Apple Gluten Potato **Pumpkin Seed Bakers Yeast Goats Milk** Banana Grape Quinoa **Barley** Hazelnut Rice Bean, Green Herring Rve Beef Kiwi Fruit Salmon Blue Mussel Lamb Sesame Broccoli Lemon Sheep's Milk **Buckwheat** Maize Shrimp Button Mushroom Mango Soy Cabbage Milk Spelt Cacao Millet Squid Carrot Mustard Strawberry Casein Oat **Sunflower Seed** Cashew Nut Octopus Sweet Basil Celery Olive, Green **Sweet Lupine** Cheese, Gouda Onion Tomato Chicken Trout Orange Cod Ovster Tuna Coffee Pea, Green Turkey Cucumber Walnut Peach Duck **Peanut** Wheat **Durum Wheat** Zucchini Pineapple

Pistachio Nut

Plaice

Inlouded in the kit:

1x Alcohol wipe

1x Band-aid

1x Absorbent pad

1x Five Spot Blood Card

2x Lancets CE 0344 (pin-prick system)

1x Return envelope

